# PORTAGE
## NORMAL

# AVRIL 2024

| LUNDI 01 | MARDI 02 | MERCREDI 03 | JEUDI 04 | VENDREDI 05 | SAMEDI 06 | DIMANCHE 07 |
|---|---|---|---|---|---|---|
| Potage **Férié**<br>Céleri rémoulade<br>Sauté de porc<br>Pâtes Papillons<br>Fromage<br>**Compote d'abricot ssu** | Potage maison<br>Tortilla<br>Cordon bleu<br>**Brocolis BIO au beurre**<br>Fromage blanc nature<br>Fruit | Potage<br>**Betteraves BIO vinaigrette**<br>**Rôti de bœuf**<br>Röstis<br>Fromage<br>Fruit | Potage<br>Segments de pamplemousse<br>Saucisse de Toulouse<br>Lentilles<br>**Crème dessert artisanale au chocolat**<br>Biscuit | Potage maison<br>Quiche lorraine<br>Filet de colin citronné<br>Ratatouille<br>Fromage<br>Fruit | Potage<br>Blancs de poireaux vinaigrette<br>Ailerons (wings) de poulet<br>Purée<br>Yaourt à la vanille<br>Fruit | Potage maison<br>Jambon de Bayonne - beurre<br>Sauté de bœuf<br>Duo de carottes<br>Fromage<br>Crumble aux pommes |
| **LUNDI 08** | **MARDI 09** | **MERCREDI 10** | **JEUDI 11** | **VENDREDI 12** | **SAMEDI 13** | **DIMANCHE 14** |
| Potage maison<br>Concombres vinaigrette<br>Tartiflette<br>**Petits suisses aux fruits BIO**<br>Oreillon de pêche au sirop | Potage<br>Roulé au fromage<br>Paleron de veau confit<br>Petits pois à la française<br>Mousse au café<br>Fruit | Potage maison<br>Salade piémontaise<br>Blanc de poulet façon Sophie<br>**Haricots verts BIO**<br>Fromage<br>Fruit | Potage<br>Pâté Basque<br>**Sauté de veau**<br>Chou Romanesco<br>Fromage<br>Fruit | Potage maison<br>**Carottes râpées BIO**<br>Merlu sauce hollandaise<br>**Riz créole BIO**<br>Velouté nature<br>Compote tous fruits ssu | Potage<br>Radis - beurre<br>Langue de bœuf sauce piquante<br>Nouilles<br>Fromage<br>Fruit | Potage maison<br>Maquereaux<br>Araignée de porc marinée<br>Piperade<br>Fromage<br>Tarte au flan |
| **LUNDI 15** | **MARDI 16** | **MERCREDI 17** | **JEUDI 18** | **VENDREDI 19** | **SAMEDI 20** | **DIMANCHE 21** |
| Potage maison<br>Salade de tortis<br>Cuisse de dinde<br>Beignets de légume<br>Crème dessert au caramel<br>Fruit | Potage<br>Mâche aux pignons<br>**Omelette BIO**<br>**Pommes rissolées BIO**<br>Fromage<br>Compote de banane ssu | Potage maison<br>Concombres vinaigrette<br>Tajine d'agneau aux pruneaux<br>**Semoule BIO**<br>Fromage blanc<br>Ananas au sirop | Potage<br>Duo de crudités<br>**Pâtes semi-complètes BIO** à la carbonara<br>**Fromage BIO**<br>Fruit | Potage maison<br>Rosette<br>Colin à la bordelaise<br>Poêlée campagnarde<br>Tapioca au lait maison<br>Fruit | Potage<br>Samoussa/Nem<br>Rôti de porc<br>Choux de Bruxelles<br>Yaourt aux morceaux de fruits<br>Fruit | Potage maison<br>Fonds d'artichaut vinaigrette<br>Lapin aux oignons<br>Pommes de terre<br>Fromage<br>Tiramisu |
| **LUNDI 22** | **MARDI 23** | **MERCREDI 24** | **JEUDI 25** | **VENDREDI 26** | **SAMEDI 27** | **DIMANCHE 28** |
| Potage maison<br>Avocat vinaigrette<br>**Axoa de veau**<br>**Riz créole BIO**<br>Fromage<br>Cocktail de fruits au sirop | Potage<br>**Menu Bourgogne / Franche-Comté**<br>**Chou/jambon/fromage**<br>**Émincés de poulet sauce dijonnaise**<br>**Coquillettes**<br>**Chou à la vanille**<br>Lait gélifié au chocolat | Potage maison<br>Tarte au fromage<br>Confit de porc<br>**Courgettes BIO au beurre**<br>Mousse au citron<br>Fruit | Potage maison<br>Taboulé<br>**Bœuf bourguignon**<br>Carottes jeunes<br>Fromage<br>Fruit | **Potage BIO**<br>Macédoine / mayonnaise<br>Parmentier de saumon maison<br>Salade verte<br>Fromage<br>Fruit | Potage<br>Asperges vinaigrette<br>Paupiette de veau au jus<br>Gratin d'épinards<br>Liégeois au café<br>Biscuit | Potage maison<br>Hure<br>Sauté de dinde<br>Mélange de légumes grillés<br>**Fromage**<br>Clafoutis aux cerises |
| **LUNDI 29** | **MARDI 30** | | | | | |
| Potage maison<br>Radis râpés à la vinaigrette<br>Lasagnes de bœuf<br>**Yaourt artisanal à la vanille**<br>Fruit | Potage<br>**Œufs durs BIO vinaigrette**<br>Gibelette de porc à la diable<br>**Haricots verts BIO**<br>**Fromage**<br>Fruit | | | | | |

NB : Les menus sont susceptibles d'être modifiés. Les viandes de veau et de bœuf "brutes" sont garanties d'origine France (nés,élevés et abattus). Les pièces justificatives sont conservées au service.
**Les allergènes sont consultables sur le site : http://www.montdemarsan-agglo.fr – Rubrique CIAS Portage de Repas à Domicile**

# PORTAGE
## DIABETIQUE

# AVRIL 2024

| LUNDI 01 | MARDI 02 | MERCREDI 03 | JEUDI 04 | VENDREDI 05 | SAMEDI 06 | DIMANCHE 07 |
|---|---|---|---|---|---|---|
| Potage **Férié**<br>Céleri rémoulade<br>Sauté de porc<br>Pâtes Papillons<br>Compotée d'aubergines<br>Fromage<br>**Compote d'abricot ssu** | Potage maison<br>Tortilla (pdt/oig)<br>Cordon bleu<br>**Brocolis BIO au beurre**<br>Mélange de trois riz<br>Fromage blanc nature<br>Fruit | Potage<br>**Betteraves BIO vinaigrette**<br>**Rôti de bœuf**<br>Röstis<br>Salsifis persillés<br>Fromage<br>Fruit | Potage<br>Segments de pamplemousse<br>Saucisse de Toulouse<br>Lentilles<br>Haricots beurre<br>Yaourt aux fruits ssu<br>Biscuit ssu | Potage maison<br>Quiche lorraine<br>Filet de colin citronné<br>Ratatouille<br>Macaronis<br>Fromage<br>Fruit | Potage<br>Blancs de poireaux vinaigrette<br>Ailerons de poulet<br>Purée<br>Choux-fleurs au beurre<br>Yaourt à la Grecque nature<br>Fruit | Potage maison<br>Jambon de Bayonne - beurre<br>Sauté de bœuf<br>Duo de carottes<br>Semoule<br>Fromage<br>Crumble aux pommes |
| **LUNDI 08** | **MARDI 09** | **MERCREDI 10** | **JEUDI 11** | **VENDREDI 12** | **SAMEDI 13** | **DIMANCHE 14** |
| Potage maison<br>Concombres vinaigrette<br>Tartiflette<br>Champignons persillés<br>**Yaourt nature BIO**<br>Oreillon de pêche au naturel | Potage<br>Roulé au fromage<br>Paleron de veau confit<br>Petits pois à la française<br>Fromage blanc aux fruits ssu<br>Fruit | Potage maison<br>Avocat vinaigrette<br>Blanc de poulet façon Sophie<br>**Haricots verts BIO**<br>Polenta<br>Fromage<br>Fruit | Potage<br>Pâté Basque<br>**Sauté de veau**<br>Chou Romanesco<br>**Spätzles**<br>Fromage<br>Fruit | Potage maison<br>**Carottes râpées BIO**<br>Merlu sauce hollandaise<br>**Riz créole BIO**<br>Courgettes au beurre<br>Velouté nature<br>Compote tous fruits ssu | Potage<br>Radis - beurre<br>Langue de bœuf sauce piquante<br>Nouilles<br>Gratin d'épinards<br>Fromage<br>Fruit | Potage maison<br>Maquereaux<br>Araignée de porc marinée<br>Piperade<br>Purée<br>Fromage<br>Tarte au flan |
| **LUNDI 15** | **MARDI 16** | **MERCREDI 17** | **JEUDI 18** | **VENDREDI 19** | **SAMEDI 20** | **DIMANCHE 21** |
| Potage maison<br>Betteraves vinaigrette<br>Cuisse de dinde<br>Beignets de légume<br>Riz<br>Petits suisses nature<br>Fruit | Potage<br>Mâche aux pignons<br>**Omelette BIO**<br>**Pommes rissolées BIO**<br>Fondue de poireaux<br>Fromage<br>Compote de banane ssu | Potage maison<br>Concombres vinaigrette<br>Agneau braisé<br>**Semoule BIO**<br>Aubergines au jus<br>Yaourt nature<br>Ananas au naturel | Potage<br>Duo de crudités<br>**Pâtes semi-complètes BIO** à la carbonara<br>Champignons au beurre<br>**Fromage BIO**<br>Fruit | Potage maison<br>Rosette<br>Colin à la bordelaise<br>Poêlée campagnarde<br>Purée<br>Yaourt aux fruits ssu<br>Fruit | Potage<br>Samoussa/Nem<br>Rôti de porc<br>Choux de Bruxelles<br>Flageolets<br>Faisselle<br>Fruit | Potage maison<br>Fonds d'artichaut vinaigrette<br>Lapin aux oignons<br>Pommes de terre<br>Endives au jus<br>Fromage<br>Tiramisu |
| **LUNDI 22** | **MARDI 23** | **MERCREDI 24** | **JEUDI 25** | **VENDREDI 26** | **SAMEDI 27** | **DIMANCHE 28** |
| Potage maison<br>Avocat vinaigrette<br>**Axoa de veau**<br>**Riz créole BIO**<br>Poivrons sautés<br>Fromage<br>Cocktail de fruits au naturel | Potage<br>Chou/jambon/fromage<br>Émincés de poulet sauce dijonnaise<br>Coquillettes<br>Blettes au jus<br>Compote de pruneaux ssu<br>Yaourt à la Grecque nature | Potage maison<br>Tarte au fromage<br>Confit de porc<br>**Courgettes BIO au beurre**<br>Lentilles<br>Fromage blanc aux fruits ssu<br>Fruit | Potage maison<br>Cœurs de palmier vinaigrette<br>**Bœuf bourguignon**<br>Carottes jeunes<br>Pommes duchesses<br>Fromage<br>Fruit | **Potage BIO**<br>Macédoine / mayonnaise<br>Parmentier de saumon maison<br>Salade verte<br>Fromage<br>Fruit | Potage<br>Asperges vinaigrette<br>Paupiette de veau au jus<br>Gratin d'épinards<br>Fusillis<br>Velouté nature<br>Biscuit ssu | Potage maison<br>Hure<br>Sauté de dinde<br>Mélange de légumes grillés<br>Pommes de terre<br>**Fromage**<br>Clafoutis aux cerises |
| **LUNDI 29** | **MARDI 30** | | | | | |
| Potage maison<br>Radis râpés à la vinaigrette<br>Lasagnes de bœuf<br>Carottes en bâtonnets<br>**Fromage blanc nature BIO**<br>Fruit | Potage<br>**Œufs durs BIO vinaigrette**<br>Gibelette de porc à la diable<br>**Haricots verts BIO**<br>Riz Basmati<br>**Fromage**<br>Fruit | | | | | |

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# LISTE DES ALLERGENES

SEMAINE DU 01 AU 07 AVRIL 2024

| Date | Plat | ARACHIDES | CELERI | CRUSTACES | FRUITS A COQUE | GLUTEN | LAIT | LUPIN | MOLLUSQUES | MOUTARDE | OEUFS | POISSONS | SESAME | SOJA | SULFITES |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| **Lundi 1 Avril 2024** | VELOUTE LEGUMES ET TOMATE | | X | | | | X | | | | | | | | |
| | POTAGE SANS SEL | | | | | | | | | | | | | | |
| | CELERI REMOULADE | | X | | | | | | | X | X | | | X | X |
| | POIREAUX VINAIGRETTE (M) RS | | | | | | X | | | X | X | X | | | X |
| | AVOCAT | | | | | | | | | | | | | | |
| | RAJOUT SAUCE VINAIGRETTE DOSE | | | | | | X | | | X | | | | | X |
| | CELERI RAVE | | X | | | | | | | X | | | | | X |
| | SAUTE DE PORC | | | | | X | X | | | | | | | | |
| | CANARD AUX LENTILLES (M) | | | | | | X | | | | | | | | |
| | PORC A LA DIABLE (HM) | | | | | | X | | | X | | | | | X |
| | DOS EGLEFIN SAUCE ENSOLEILLEE | | X | X | | X | X | | | | | X | | | |
| | DOS D EGLEFIN CITRONNE | | | | | | X | | | | | X | | | X |
| | PORC BRAISE | | | | | | | | | | | | | | |
| | PATES PAPILLONS | | | | | X | X | | | | | | | | |
| | COMPOTEE D AUBERGINES | | X | | | | X | | | | | | | | |
| | FROMAGE | | | | | | X | | | | | | | | |
| | COMPOTE D ABRICOT SSU HVE | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | |
| **Mardi 2 Avril 2024** | SOUPE DE LEGUMES - CHAMPIGNONS | | X | | | | X | | | | | | | | X |
| | TORTILLA AUX POMMES DE TERRE/OIGNONS | | | | | | | | | | X | | | | |
| | SALADES DE BETTERAVES RS (M) | | | | | | X | | | | | | | | X |
| | OEUFS DURS | | | | | | | | | | X | | | | |
| | RAJOUT SAUCE VINAIGRETTE DOSE | | | | | | X | | | X | | | | | X |
| | AVOCAT | | | | | | | | | | | | | | |
| | CORDON BLEU | | | | | X | X | | | | | | | X | |
| | TOMATES FARCIES (M) | | | | | | X | | | | | | | | |
| | DINDE A L ESTRAGON (HM) | | | | | | X | | | | | | | | |
| | TARTE AU FROMAGE | | | | | X | X | | | | X | | | | |
| | EMINCES DE DINDE NATURE | | | | | X | | | | | | | | | |
| | BROCOLIS BIO AU BEURRE | | | | | | X | | | | | | | | |
| | COURGETTES AU BEURRE | | | | | | X | | | | | | | | |
| | MELANGE DE TROIS RIZ | | | | | | X | | | | | | | | |
| | FROMAGE BLANC NATURE | | | | | | X | | | | | | | | |
| | RAJOUT SUCRE DOSE 5G | | | | | | | | | | | | | | |
| | FRUIT | | | | | | | | | | | | | | |
| | COMPOTE DE PRUNEAUX SSU | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | |
| **Mercredi 3 Avril 2024** | VELOUTE DE CAROTTES | | | | | | X | | | | | | | | |
| | POTAGE SANS SEL | | | | | | | | | | | | | | |
| | BETTERAVES DES BIO | | | | | | | | | | | | | | |
| | RAJOUT SAUCE VINAIGRETTE DOSE | | | | | | X | | | X | | | | | X |
| | SALADE DE CHOU ROUGE (M) | | | | | | | | | X | X | | | | X |
| | ROTI BOEUF CUIT LABELLISE | | | | | | | | | | | | | | |
| | DUO POISSON BLANC PETITS LEGUMES (M) | | | | | | X | | | | | X | | | |
| | OSSO BUCCO (HM) | | | | | | X | | | | | | | | X |
| | NUGGETS VEGETAUX | | X | | | X | | | | | | | | | |
| | STEAK HACHE | | | | | X | X | | | | X | | | | |
| | POMMES ROSTIS AUX OIGNONS | | | | | | | | | | | | | | |
| | PUREE | | | | | | X | | | | | | | X | X |
| | SALSIFIS PERSILLES | | | | | | X | | | | | | | | |
| | FROMAGE | | | | | | X | | | | | | | | |
| | FRUIT | | | | | | | | | | | | | | |
| | COMPOTE DE POIRE SSU | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | |
| **Jeudi 4 Avril 2024** | VELOUTE DE LEGUMES | | X | | | | X | | | | | | | | |
| | POTAGE SANS SEL | | | | | | | | | | | | | | |
| | SEGMENTS DE PAMPLEMOUSSE | | | | | | | | | | | | | | |
| | CREME DE POIVRON ET CELERI AU CHORIZO (M) | | X | | | | X | | | X | X | | | | X |
| | COEURS D ARTICHAUT | | | | | | | | | | | | | | |
| | RAJOUT SAUCE VINAIGRETTE DOSE | | | | | | X | | | X | | | | | X |
| | SAUCISSE DE TOULOUSE | | | | | | | | | | | | | | |
| | DUO PORC BROCOLIS (M) | | | | | | X | | | | | | | | |
| | CREPE AUX CHAMPIGNONS | | | | | X | X | | | | X | | | | |
| | GRILLADE DE PORC | | X | | | X | X | | | | | | | | |
| | SOTS L Y LAISSE DE POULET AU JUS | | | | | X | | | | | | | | | X |
| | LENTILLES PREPAREES | | X | | | | X | | | | | | | | |
| | SEMOULE BIO | | | | | X | X | | | | | | | | |
| | HARICOTS BEURRE | | | | | | X | | | | | | | | |
| | CREME DESSERT ARTISANALE AU CHOCOLAT | | | | | | X | | | | | | | | |
| | YAOURT AUX FRUITS 0% | | | | | | X | | | | | | | | |
| | MADELEINES LONGUES | | | | | X | | | | | X | | | | |
| | MADELEINE SANS SUCRE | | | | | X | | | | | X | | | | |
| | COMPOTE DE FRAISE SSU | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | |
| **Vendredi 5 Avril 2024** | SOUPE DE LEGUMES - CELERI | | X | | | | X | | | | | | | | X |
| | QUICHE LORRAINE | | | | | X | X | | | | X | | | | |
| | SALADE DE LENTILLES / CONCOMBRE A LA CREME BULGARE (M) | | X | | | | X | | | X | X | X | | | X |
| | COEURS DE PALMIER | | | | | | | | | | | | | | |
| | RAJOUT SAUCE VINAIGRETTE DOSE | | | | | | X | | | X | | | | | X |
| | FILET DE COLIN CITRONNE | | | | | | X | | | | | X | | | X |
| | COLIN LIEU NOIR POIREAUX (M) | | X | | | | X | | | | | X | | | |
| | GALOPIN DE VEAU | | X | | | X | X | | | | | | | | |
| | POELEE RATATOUILLE | | | | | X | | | | | | | | | |
| | EPINARDS A LA CREME | | | | | | X | | | | | | | | |
| | SALSIFIS PERSILLES | | | | | | X | | | | | | | | |
| | MACARONIS AU BEURRE | | | | | X | X | | | | | | | | |
| | FROMAGE | | | | | | X | | | | | | | | |
| | FRUIT | | | | | | | | | | | | | | |
| | COMPOTE DE POMME/BANANE SSU | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | |
| **Samedi 6 Avril 2024** | VELOUTE D ASPERGES | | | | | X | X | | | | | | | | |
| | POTAGE SANS SEL | | | | | | | | | | | | | | |
| | BLANCS DE POIREAUX | | | | | | | | | | | | | | |
| | RAJOUT SAUCE VINAIGRETTE DOSE | | | | | | X | | | X | | | | | X |
| | CAROTTES VINAIGRETTE (M) | | | | | | | | | X | | | | | X |
| | SALADE HARICOTS VERTS | | | | | | | | | | | | | | |
| | WINGS DE POULET | | | | | | | | | | | | | | |
| | M SAVEUR TARTIFLETTE (M) | | | | | | X | | | | | | | | |
| | HACHE FIN DE VOLAILLE | | | | | X | X | | | | X | | | | X |
| | AIGUILLETTES DE POULET | | | | | X | | | | | | | | | |
| | FLAN DE COURGETTES MAISON | | | | | | X | | | | X | | | | |
| | PUREE | | | | | | X | | | | | | | X | X |
| | CHOUX FLEURS AU BEURRE | | | | | | X | | | | | | | | |
| | YAOURT AU BIFIDUS VANILLE | | | | | | X | | | | | | | | |
| | YAOURT A LA GRECQUE NATURE | | | | | | X | | | | | | | | |
| | FRUIT | | | | | | | | | | | | | | |
| | COMPOTE TOUS FRUITS SSU | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | |
| **Dimanche 7 Avril 2024** | SOUPE DE LEGUMES | | X | | | | X | | | | | | | | |
| | JAMBON BAYONNE - BEURRE | | | | | | X | | | | | | | | |
| | SALADE ITALIENNE (M) | | | | | X | X | | | | | | | | |
| | SALADE HARICOTS VERTS | | | | | | | | | | | | | | |
| | RAJOUT SAUCE VINAIGRETTE DOSE | | | | | | X | | | X | | | | | X |
| | SAUTE DE BOEUF | | | | | X | X | | | | | | | | |
| | DUO VEAU VALLE DAUGE (M) | | | | | | X | | | | | | | | |
| | BOEUF AUX CAROTTES (HM) | | | | | | X | | | | | | | | X |
| | CAKE AU THON MAISON | | | | | X | X | | | | X | X | | | |
| | BOEUF BRAISE | | | | | | X | | | | | | | | |
| | DUO DE CAROTTES EN RONDELLES | | | | | | X | | | | | | | | |
| | ENDIVES AU JUS | | | | | X | X | | | | | | | | |
| | SEMOULE AU BEURRE | | | | | X | X | | | | | | | | |
| | FROMAGE | | | | | | X | | | | | | | | |
| | CRUMBLE AUX POMMES INDIVIDUEL | | | | | X | X | | | | X | | | | |
| | BAVAROIS AUX FRUITS ROUGES | | | | | X | X | | | | X | | | X | |

# LISTE DES ALLERGENES

SEMAINE DU 08 AU 14 AVRIL 2024

| Date | Plat | ARACHIDES | CELERI | CRUSTACES | FRUITS A COQUE | GLUTEN | LAIT | LUPIN | MOLLUSQUES | MOUTARDE | OEUFS | POISSONS | SESAME | SOJA | SULFITES |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| **Lundi 8 Avril 2024** | SOUPE DE BROCOLIS - CHOU FLEUR | | X | | | | X | | | | | | | | X |
| | CONCOMBRE | | | | | | | | | | | | | | |
| | RAJOUT SAUCE VINAIGRETTE DOSE | | | | | | X | | | X | | | | | X |
| | SALADES DE BETTERAVES RS (M) | | | | | | X | | | | | | | | X |
| | AVOCAT | | | | | | | | | | | | | | |
| | VIANDE POUR TARTIFLETTE | | | | | X | X | | | | | | | X | |
| | DUOMIX DINDE PETITS POIS CAROTTES (M) | | | | | | X | | | | | | | | |
| | SAUCE AU FROMAGE | | | | | X | X | | | | | | | X | |
| | SOTS L Y LAISSE DE DINDE NATURE | | | | | X | X | | | | | | | | |
| | POMMES DE TERRE LAMELLES | | | | | | X | | | | | | | | |
| | CHAMPIGNONS PERSILLES | | | | | | X | | | | | | | | |
| | PETITS SUISSES AROMATISES BIO | | | | | | X | | | | | | | | |
| | YAOURT NATURE BIO | | | | | | X | | | | | | | | |
| | OREILLON DE PECHE AU SIROP | | | | | | | | | | | | | | |
| | OREILLONS DE PECHES AU NATUREL | | | | | | | | | | | | | | |
| | COMPOTE DE POMME/PECHE HVE | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | |
| **Mardi 9 Avril 2024** | VELOUTE DE LEGUMES | | X | | | | X | | | | | | | | |
| | POTAGE SANS SEL | | | | | | | | | | | | | | |
| | ROULE AU FROMAGE | | | | | X | X | | | | X | | | | |
| | SALADE ITALIENNE (M) | | | | | X | X | | | | | | | | |
| | ASPERGES BLANCHES | | | | | | | | | | | | | | |
| | RAJOUT SAUCE VINAIGRETTE DOSE | | | | | | X | | | X | | | | | X |
| | PALERON DE VEAU CONFIT | | | | | X | | | | | | | | | |
| | CURRY AU POULET AUX CAROTTES ET OIGNONS (M) | | | | | | X | | | | | | | | X |
| | BLANQUETTE DE VEAU (HM) | | | | | | X | | | | | | | | |
| | PANE BLE/TOMATE/MOZZARELLA | | | | | X | X | | | | | | | | |
| | ESCALOPE DE VEAU | | X | | | X | X | | | | | | | | |
| | PETITS POIS A LA FRANCAISE | | | | | X | | | | | | | | | |
| | EPINARDS AU BEURRE | | | | | | X | | | | | | | | |
| | MELANGE DE LEGUMES GRILLES | | | | | | | | | | | | | | |
| | PETITS POIS A LA FRANCAISE DIAB | | | | | X | | | | | | | | | |
| | TAGLIATELLES AU BEURRE | | | | | X | X | | | | X | | | | |
| | MOUSSE AU CAFE | | | | | | X | | | | | | | | |
| | FROMAGE BLANC AUX FRUITS 0 % | | | | | | X | | | | | | | | |
| | FRUIT | | | | | | | | | | | | | | |
| | COMPOTE DE POIRE SSU | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | |
| **Mercredi 10 Avril 2024** | SOUPE DE COURGETTES MAISON | | X | | | | X | | | | | | | | X |
| | SALADE PIEMONTAISE | | | | | | | | | X | X | | | X | X |
| | AVOCAT | | | | | | | | | | | | | | |
| | RAJOUT SAUCE VINAIGRETTE DOSE | | | | | | X | | | X | | | | | X |
| | CAROTTES VINAIGRETTE (M) | | | | | | | | | X | | | | | X |
| | FONDS D ARTICHAUTS | | | | | | | | | | | | | | |
| | SALADE PIEMONTAISE S/JAMBON | | | | | | | | | X | X | | | X | X |
| | ESCALOPE DE POULET FACON SOPHIE | | X | | | X | X | | | X | | | | | X |
| | POISSON CUISINE ET SON RIZ (M) | | | | | | X | | | | | X | | | |
| | POULET A LA MOUTARDE (HM) | | | | | | X | | | X | | | | | X |
| | PAVE DE SAUMON CITRONNE | | | | | | X | | | | | X | | | X |
| | ESCALOPE DE POULET AU JUS | | | | | X | | | | | | | | | X |
| | HARICOTS VERTS BIO | | | | | | X | | | | | | | | |
| | POLENTA AUX OIGNONS S/LARDONS | | | | | | X | | | | | | | | |
| | PUREE | | | | | | X | | | | | | | X | X |
| | FROMAGE | | | | | | X | | | | | | | | |
| | FRUIT | | | | | | | | | | | | | | |
| | COMPOTE DE POMME SSU | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | |
| **Jeudi 11 Avril 2024** | VELOUTE DE TOMATE ET BASILIC | | | | | | | | | | | | | | |
| | POTAGE SANS SEL | | | | | | | | | | | | | | |
| | PATE BASQUE | | | | | X | X | | | | X | | | | |
| | POIREAUX VINAIGRETTE (M) RS | | | | | | X | | | X | X | X | | | X |
| | MACEDOINE DE LEGUMES | | | | | | | | | | | | | | |
| | RAJOUT SAUCE VINAIGRETTE DOSE | | | | | | X | | | X | | | | | X |
| | SAUTE DE VEAU LABELLISE | | | | | X | X | | | | | | | | |
| | VEAU ORLOFF (M) | | | | | | X | | | | | | | | |
| | OSSO BUCCO (HM) | | | | | | X | | | | | | | | X |
| | CROQUE-FROMAGE MAISON | | | | | X | X | | | | | | | | |
| | VEAU BRAISE LABELLISE | | | | | | | | | | | | | | |
| | CHOU ROMANESCO AU BEURRE | | | | | | X | | | | | | | | |
| | COMPOTEE D AUBERGINES | | X | | | | X | | | | | | | | |
| | SPAETZLES AU BEURRE | | | | | X | X | | | | X | | | | |
| | FROMAGE | | | | | | X | | | | | | | | |
| | FRUIT | | | | | | | | | | | | | | |
| | COMPOTE D ABRICOT SSU HVE | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | |
| **Vendredi 12 Avril 2024** | SOUPE DE POIREAUX - POMMES DE TERRE | | X | | | | X | | | | | | | | |
| | CAROTTES RAPEES BIO | | | | | | | | | X | | | | | X |
| | CELERI REMOULADE (M) | | X | | | | | | | X | X | | | | X |
| | MACEDOINE / MAYONNAISE | | | | | | | | | X | X | | | | X |
| | FILET DE MERLU SAUCE HOLLANDAISE | | X | | | X | X | | | | X | X | | | X |
| | POISSON BLANC CAROTTE ESTRAGON (M) | | | | | | X | | | X | X | X | | | X |
| | FILET DE MERLU CITRONNE | | | | | | X | | | | | X | | | X |
| | EMINCES DE POULET ROTI CUIT | | | | | | | | | | | | | X | |
| | RIZ CREOLE BIO | | | | | | X | | | | | | | | |
| | COURGETTES AU BEURRE | | | | | | X | | | | | | | | |
| | VELOUTE NATURE | | | | | | X | | | | | | | | |
| | RAJOUT SUCRE DOSE 5G | | | | | | | | | | | | | | |
| | COMPOTE TOUS FRUITS SSU | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | |
| **Samedi 13 Avril 2024** | VELOUTE DE POTIRON | | | | | | X | | | | | | | | |
| | POTAGE SANS SEL | | | | | | | | | | | | | | |
| | RADIS / BEURRE | | | | | | X | | | | | | | | |
| | DUO PETITS POIS CAROTTES A L ESTRAGON (M) | | | | | | X | | | X | | | | | X |
| | COEURS DE PALMIER | | | | | | | | | | | | | | |
| | RAJOUT SAUCE VINAIGRETTE DOSE | | | | | | X | | | X | | | | | X |
| | LANGUE DE BOEUF SAUCE PIQUANTE | | X | | | X | X | | | X | | | | | X |
| | CASSOULET (M) | | X | | | X | X | | | | | | | | |
| | BOEUF AUX CAROTTES (HM) | | | | | | X | | | | | | | | X |
| | GALOPIN DE VEAU | | X | | | X | X | | | | | | | | |
| | NUGGETS VEGETAUX | | X | | | X | | | | | | | | | |
| | NOUILLES AU BEURRE | | | | | X | X | | | | | | | | |
| | EPINARDS A LA BECHAMEL | | | | | X | X | | | | | | | X | |
| | EPINARDS AU BEURRE | | | | | | X | | | | | | | | |
| | FROMAGE | | | | | | X | | | | | | | | |
| | FRUIT | | | | | | | | | | | | | | |
| | RAJOUT SUCRE DOSE 5G | | | | | | | | | | | | | | |
| | COMPOTE DE FRAISE SSU | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | |
| **Dimanche 14 Avril 2024** | SOUPE VELOUTE LENTILLES FRAICHES | | X | | | | X | | | | | | | | |
| | VELOUTE DE LEGUMES | | X | | | | X | | | | | | | | |
| | MAQUEREAU AU VIN BLANC | | | | | | | | | | | X | | | |
| | SALADE DE CHOU ROUGE (M) | | | | | | | | | X | X | | | | X |
| | COEURS DE PALMIER | | | | | | | | | | | | | | |
| | RAJOUT SAUCE VINAIGRETTE DOSE | | | | | | X | | | X | | | | | X |
| | ARAIGNEE DE PORC MARINEE | | | | | | | | | | | | | | |
| | PAELLA (M) | | | X | | | X | | | | | | | | |
| | PORC A LA DIABLE (HM) | | | | | | X | | | X | | | | | X |
| | OEUFS POCHES (PLAT) | | | | | | | | | | X | | | | |
| | ARAIGNEE DE PORC AU JUS | | | | | X | X | | | | | | | | X |
| | PIPERADE | | | | | | | | | | | | | | |
| | ENDIVES BRAISEES | | | | | | X | | | | | | | | |
| | PUREE | | | | | | X | | | | | | | X | X |
| | FROMAGE | | | | | | X | | | | | | | | |
| | TARTE AU FLAN | | | | | X | X | | | | X | | | | |
| | BAVAROIS AUX ABRICOTS | | | | | X | X | | | | X | | | X | |

# LISTE DES ALLERGENES

SEMAINE DU 15 AU 21 AVRIL 2024

| Date | Plat | ARACHIDES | CELERI | CRUSTACES | FRUITS A COQUE | GLUTEN | LAIT | LUPIN | MOLLUSQUES | MOUTARDE | OEUFS | POISSONS | SESAME | SOJA | SULFITES |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| **Lundi 15 Avril 2024** | SOUPE DE LEGUMES - CHAMPIGNONS | | X | | | | X | | | | | | | | X |
| | SALADE DE TORTIS/GRUYERE | | | | | X | X | | | X | | | | | X |
| | BETTERAVES DES | | | | | | | | | | | | | | |
| | RAJOUT SAUCE VINAIGRETTE DOSE | | | | | | X | | | X | | | | | X |
| | DUO PETITS POIS CAROTTES A L ESTRAGON (M) | | | | | | X | | | X | | | | | X |
| | CUISSE DE DINDE | | | | | X | X | | | | | | | | |
| | DUO VEAU VALLE DAUGE (M) | | | | | | X | | | | | | | | |
| | CANARD DINDE VIGNERONNE (HM) | | | | | | X | | | | | | | | X |
| | CREPE AU FROMAGE | | | | | X | X | | | | X | | | | |
| | BEIGNETS DE SALSIFIS | | | | | X | X | | | | | | | | |
| | COURGETTES AU BEURRE | | | | | | X | | | | | | | | |
| | SALSIFIS AU BEURRE | | | | | | X | | | | | | | | |
| | RIZ CREOLE | | | | | | X | | | | | | | | |
| | CREME DESSERT AU CARAMEL | | | | | | X | | | | | | | | |
| | PETITS SUISSES NATURE | | | | | | X | | | | | | | | |
| | FRUIT | | | | | | | | | | | | | | |
| | COMPOTE DE POMME SSU | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | |
| **Mardi 16 Avril 2024** | VELOUTE DE CAROTTES | | | | | | X | | | | | | | | |
| | POTAGE SANS SEL | | | | | | | | | | | | | | |
| | MACHE | | | | | | | | | | | | | | |
| | RAJOUT SAUCE VINAIGRETTE DOSE | | | | | | X | | | X | | | | | X |
| | RAJOUT PIGNONS | | | | X | | | | | | | | | | |
| | SALADES DE BETTERAVES RS (M) | | | | | | X | | | | | | | | X |
| | COEURS DE PALMIER | | | | | | | | | | | | | | |
| | OMELETTE NATURE BIO | | | | | | | | | | X | | | | |
| | TOMATES FARCIES (M) | | | | | | X | | | | | | | | |
| | SOTS L Y LAISSE DE POULET AU JUS | | | | | X | | | | | | | | | X |
| | POMMES DE TERRE RISSOLEES BIO | | | | | | | | | | | | | | |
| | POMMES DE TERRE VAPEUR | | | | | | X | | | | | | | | |
| | FONDUE DE POIREAUX | | X | | | X | X | | | | | | | | |
| | FONDUE DE POIREAUX ALLEGEE | | | | | | X | | | | | | | | |
| | FROMAGE | | | | | | X | | | | | | | | |
| | COMPOTE DE POMME/BANANE SSU | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | |
| **Mercredi 17 Avril 2024** | SOUPE DE LEGUMES | | X | | | | X | | | | | | | | |
| | CONCOMBRES CUBES | | | | | | | | | | | | | | |
| | RAJOUT SAUCE VINAIGRETTE DOSE | | | | | | X | | | X | | | | | X |
| | SALADE DE LENTILLES / CONCOMBRE A LA CREME BULGARE (M) | | X | | | | X | | | X | X | X | | | X |
| | AVOCAT | | | | | | | | | | | | | | |
| | TAJINE D AGNEAU PRUNEAUX/MIEL | | X | | | X | | | | X | X | | | | |
| | AGNEAU BRAISE | | | | | | | | | | | | | | |
| | DINDE CAROTTES GM (M) | | | | | | X | | | | | | | | |
| | FRICASSEE DE POULET A L ANCIENNE (HM) | | | | | | X | | | | | | | | |
| | FILET DE HOKI SAUCE AUX PETITS LEGUMES | | X | X | | X | X | | | | | X | | | |
| | SEMOULE BIO | | | | | X | X | | | | | | | | |
| | AUBERGINES AU JUS | | X | | | X | | | | | | | | | X |
| | FROMAGE BLANC SUCRE | | | | | | X | | | | | | | | |
| | YAOURT NATURE | | | | | | X | | | | | | | | |
| | ANANAS AU SIROP | | | | | | | | | | | | | | |
| | ANANAS AU NATUREL | | | | | | | | | | | | | | |
| | COMPOTE POMME/ANANAS SSU | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | |
| **Jeudi 18 Avril 2024** | VELOUTE D OCEAN | | | X | | X | X | | X | | | X | | | |
| | VELOUTE DE POTIRON | | | | | | X | | | | | | | | |
| | POTAGE SANS SEL | | | | | | | | | | | | | | |
| | DUO DE CRUDITES (CAROTTE/CELERI) VINAIGRETTE | | X | | | | | | | X | | | | | X |
| | CAROTTES VINAIGRETTE (M) | | | | | | | | | X | | | | | X |
| | CAROTTES RAPEES | | | | | | | | | X | | | | | X |
| | CELERI RAVE | | X | | | | | | | X | | | | | X |
| | SAUCE CARBONARA | | | | | X | X | | | | | | | | |
| | CANARD AUX LENTILLES (M) | | | | | | X | | | | | | | | |
| | BOLOGNAISE VEGETALE AUX LENTILLES | | | | | | | | | | | | | | |
| | GRILLADE DE PORC | | X | | | X | X | | | | | | | | |
| | EMINCES DE DINDE NATURE | | | | | X | | | | | | | | | |
| | PENNES SEMI-COMPLETES BIO | | | | | X | X | | | | | | | | |
| | CHAMPIGNONS BEURRE | | | | | | X | | | | | | | | |
| | FROMAGE BIO | | | | | | X | | | | | | | | |
| | FROMAGE | | | | | | X | | | | | | | | |
| | FRUIT | | | | | | | | | | | | | | |
| | COMPOTE DE POMME/FRAMBOISE | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | |
| **Vendredi 19 Avril 2024** | TOURIN | | X | | | X | X | | | | | | | | |
| | VELOUTE DE CAROTTES | | | | | | X | | | | | | | | |
| | SAUCISSON | | | | | | X | | | | | | | | |
| | TABOULE MEDITERRANEEN (M) | | X | | | X | | | | | | | | | |
| | FRIAND AU FROMAGE | | | | | X | X | | | | | | | | |
| | BLANCS DE POIREAUX | | | | | | | | | | | | | | |
| | RAJOUT SAUCE VINAIGRETTE DOSE | | | | | | X | | | X | | | | | X |
| | COLIN A LA BORDELAISE | | | | | X | | | | | | X | | | X |
| | PORC JARDINIERE (M) | | | | | | X | | | | | | | | |
| | FILET DE COLIN CITRONNE | | | | | | X | | | | | X | | | X |
| | ESCALOPE DE DINDONNEAU VIENNOISE | | | | | X | | | | | X | | | X | |
| | POELEE CAMPAGNARDE | | | | | | X | | | | | | | | |
| | PUREE | | | | | | X | | | | | | | X | X |
| | TAPIOCA AU LAIT MAISON | | | | | | X | | | | | | | | |
| | YAOURT AUX FRUITS 0% | | | | | | X | | | | | | | | |
| | YAOURT NATURE | | | | | | X | | | | | | | | |
| | RAJOUT SUCRE DOSE 5G | | | | | | | | | | | | | | |
| | FRUIT | | | | | | | | | | | | | | |
| | COMPOTE DE PRUNEAUX SSU | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | |
| **Samedi 20 Avril 2024** | VELOUTE DE LEGUMES | | X | | | | X | | | | | | | | |
| | POTAGE SANS SEL | | | | | | | | | | | | | | |
| | SAMOUSSA/NEM | | | | | X | | | | X | X | X | | X | X |
| | SALADE ITALIENNE (M) | | | | | X | X | | | | | | | | |
| | RAJOUT SAUCE VINAIGRETTE DOSE | | | | | | X | | | X | | | | | X |
| | ASPERGES BLANCHES | | | | | | | | | | | | | | |
| | ROTI DE PORC | | | | | X | X | | | | | | | | |
| | DUO BOEUF ET PUREE DE PANAIS (M) | | | | | | X | | | | | | | | |
| | PORC A LA DIABLE (HM) | | | | | | X | | | X | | | | | X |
| | PANE AU FROMAGE | | | | | X | X | | | | X | | | | |
| | ESCALOPE DE VEAU | | X | | | X | X | | | | | | | | |
| | CHOUX DE BRUXELLES | | X | | | | X | | | | | | | | |
| | CAROTTES VICHY | | | | | | X | | | | | | | | |
| | NAVETS GLACES | | | | | | X | | | | | | | | |
| | FLAGEOLETS | | X | | | | X | | | | | | | | |
| | PATES PAPILLONS | | | | | X | X | | | | | | | | |
| | YAOURT AUX MORCEAUX DE FRUITS | | | | | | X | | | | | | | | |
| | FAISSELLE | | | | | | X | | | | | | | | |
| | FROMAGE BLANC AROMATISE | | | | | | X | | | | | | | | |
| | FRUIT | | | | | | | | | | | | | | |
| | COMPOTE DE POIRE SSU | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | |
| **Dimanche 21 Avril 2024** | SOUPE DE SALADE | | X | | | | | | | | | | | | |
| | FONDS D ARTICHAUTS | | | | | | | | | | | | | | |
| | RAJOUT SAUCE VINAIGRETTE DOSE | | | | | | X | | | X | | | | | X |
| | OEUFS MIMOSA TOMATE RS (M) | | | | | | | | | X | X | | | | X |
| | ASPERGES BLANCHES | | | | | | | | | | | | | | |
| | LAPIN AUX OIGNONS SANS OS | | | | | X | | | | | | | | | X |
| | DUO PARMENTIER DE CABILLAUD (M) | | | | | | X | | | | | X | | | |
| | POULET A LA MOUTARDE (HM) | | | | | | X | | | X | | | | | X |
| | LAPIN ROTI SANS OS | | | | | | | | | | | | | | |
| | PANE BLE/FROMAGE/EPINARD | | | | | X | X | | | | | | | | |
| | POMMES DE TERRE VAPEUR | | | | | | X | | | | | | | | |
| | ENDIVES AU JUS CUITES | | | | | X | X | | | | | | | | |
| | FROMAGE | | | | | | X | | | | | | | | |
| | TIRAMISU | | | | | X | X | | | | X | | | X | |

# LISTE DES ALLERGENES

SEMAINE DU 22 AU 28 AVRIL 2024

| Date | Plat | ARACHIDES | CELERI | CRUSTACES | FRUITS A COQUE | GLUTEN | LAIT | LUPIN | MOLLUSQUES | MOUTARDE | OEUFS | POISSONS | SESAME | SOJA | SULFITES |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| **Lundi 22 Avril 2024** | SOUPE DE POTIRON | | X | | | | X | | | | | | | | X |
| | AVOCAT | | | | | | | | | | | | | | |
| | RAJOUT SAUCE VINAIGRETTE DOSE | | | | | | X | | | X | | | | | X |
| | CAROTTES VINAIGRETTE (M) | | | | | | | | | X | | | | | X |
| | BETTERAVES DES | | | | | | | | | | | | | | |
| | AXOA DE VEAU LABELLISE | | | | | | | | | | | | | | |
| | DUOMIX BLANQUETTE VEAU DINDE AU RIZ (M) | | | | | | X | | | | X | | | | |
| | GALOPIN DE VEAU | | X | | | X | X | | | | | | | | |
| | POIS CHICHES FACON MAROCAINE | | | | | | | | | | | | | | |
| | AXOA DE VEAU LABELLISE S/LARDONS | | | | | | | | | | | | | | |
| | RIZ CREOLE BIO | | | | | | X | | | | | | | | |
| | POIVRONS SAUTES | | | | | | | | | | | | | | X |
| | FROMAGE | | | | | | X | | | | | | | | |
| | COCKTAIL DE FRUITS AU SIROP | | | | | | | | | | | | | | |
| | COCKTAIL DE FRUITS AU NATUREL | | | | | | | | | | | | | | |
| | COMPOTE TOUS FRUITS SSU | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | |
| **Mardi 23 Avril 2024** | VELOUTE D ASPERGES | | | | | X | X | | | | | | | | |
| | POTAGE SANS SEL | | | | | | | | | | | | | | |
| | CHOU/JAMBON/FROMAGE | | | | | | X | | | X | | | | | X |
| | CELERI REMOULADE (M) | | X | | | | | | | X | X | | | | X |
| | SEGMENTS DE PAMPLEMOUSSE | | | | | | | | | | | | | | |
| | CELERI REMOULADE | | X | | | | | | | X | X | | | | X |
| | CHOU/FROMAGE | | | | | | X | | | X | | | | | X |
| | CHOU BLANC RAPE | | | | | | | | | X | | | | | X |
| | EMINCES DE POULET SAUCE DIJONNAISE | | X | | | X | X | | | X | | | | | X |
| | PARMENTIER DE BOEUF (M) | | | | | | X | | | | | | | | |
| | HACHE FIN DE VOLAILLE | | | | | X | X | | | | X | | | | X |
| | FILET DE COLIN SAUCE BALINAISE | | X | | | X | X | | | X | | X | | | X |
| | EMINCES DE POULET NATURE | | | | | X | | | | | | | | | |
| | COQUILLETTES AU BEURRE | | | | | X | X | | | | | | | | |
| | BLETTES AU JUS | | | | | X | X | | | | | | | | X |
| | CHOU A LA CREME SAVEUR VANILLE | | | | | X | X | | | | X | | | | |
| | COMPOTE DE PRUNEAUX SSU | | | | | | | | | | | | | | |
| | BAVAROIS AUX FRUITS ROUGES | | | | | X | X | | | | X | | | X | |
| | LAIT GELIFIE AU CHOCOLAT | | | | | | X | | | | | | | | |
| | YAOURT A LA GRECQUE NATURE | | | | | | X | | | | | | | | |
| | | | | | | | | | | | | | | | |
| **Mercredi 24 Avril 2024** | SOUPE DE POIREAUX - POMMES DE TERRE | | X | | | | X | | | | | | | | |
| | TARTE AU FROMAGE | | | | | X | X | | | | X | | | | |
| | SALADES DE BETTERAVES RS (M) | | | | | | X | | | | | | | | X |
| | SEGMENTS DE PAMPLEMOUSSE | | | | | | | | | | | | | | |
| | CONFIT DE PORC | | | | | | | | | | | | | | |
| | PAELLA (M) | | | X | | | X | | | | | | | | |
| | PORC A LA DIABLE (HM) | | | | | | X | | | X | | | | | X |
| | NUGGETS VEGETAUX | | X | | | X | | | | | | | | | |
| | ARAIGNEE DE PORC AU JUS | | | | | X | X | | | | | | | | X |
| | FILET DE COLIN CITRONNE | | | | | | X | | | | | X | | | X |
| | COURGETTES BIO AU BEURRE | | | | | | X | | | | | | | | |
| | LENTILLES | | | | | | | | | | | | | | |
| | MOUSSE AU CITRON | | | | | | X | | | | | | | | |
| | FROMAGE BLANC AUX FRUITS 0 % | | | | | | X | | | | | | | | |
| | FRUIT | | | | | | | | | | | | | | |
| | COMPOTE DE POMME/BANANE SSU | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | |
| **Jeudi 25 Avril 2024** | SOUPE DE LEGUMES - CELERI | | X | | | | X | | | | | | | | X |
| | TABOULE | | | | | X | | | | | | | | | X |
| | COEURS DE PALMIER | | | | | | | | | | | | | | |
| | RAJOUT SAUCE VINAIGRETTE DOSE | | | | | | X | | | X | | | | | X |
| | CREME DE POIVRON ET CELERI AU CHORIZO (M) | | X | | | | X | | | X | X | | | | X |
| | BOEUF BOURGUIGNON LABELLISE | | | | | X | X | | | | | | | | |
| | PATES A LA BOLOGNAISE (M) | | | | | X | X | | | | | | | | |
| | BOEUF BOURGUIGNON RS (HM) | | | | | | X | | | | | | | | X |
| | TORTILLA AUX POMMES DE TERRE/OIGNONS | | | | | | | | | | X | | | | |
| | BOEUF BRAISE LABELLISE | | | | | | X | | | | | | | | |
| | CAROTTES JEUNES AU BEURRE | | | | | | X | | | | | | | | |
| | CHAMPIGNONS BEURRE | | | | | | X | | | | | | | | |
| | POMMES DUCHESSES | | | | | | X | | | | | | | | X |
| | SEMOULE AU BEURRE | | | | | X | X | | | | | | | | |
| | FROMAGE | | | | | | X | | | | | | | | |
| | FRUIT | | | | | | | | | | | | | | |
| | RAJOUT SUCRE DOSE 5G | | | | | | | | | | | | | | |
| | COMPOTE DE FRAISE SSU | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | |
| **Vendredi 26 Avril 2024** | VELOUTE DE LEGUMES BIO | | X | | | X | | | | | | | | | |
| | POTAGE SANS SEL | | | | | | | | | | | | | | |
| | MACEDOINE / MAYONNAISE | | | | | | | | | X | X | | | | X |
| | SALADE DE CHOU ROUGE (M) | | | | | | | | | X | X | | | | X |
| | SALADE HARICOTS VERTS | | | | | | | | | | | | | | |
| | RAJOUT SAUCE VINAIGRETTE DOSE | | | | | | X | | | X | | | | | X |
| | MACEDOINE DE LEGUMES | | | | | | | | | | | | | | |
| | PARMENTIER DE SAUMON MAISON | | | | | | X | | | | | X | | X | X |
| | VEAU ORLOFF (M) | | | | | | X | | | | | | | | |
| | DES DE SAUMON BEURRE CITRONNE | | | | | | X | | | | | X | | | X |
| | CERVELAS OBERNOIS | | | | | | X | | | | | | | | |
| | SALADE MIXTE | | | | | | | | | | | | | | |
| | RAJOUT SAUCE VINAIGRETTE DOSE | | | | | | X | | | X | | | | | X |
| | SALSIFIS AU BEURRE | | | | | | X | | | | | | | | |
| | PUREE | | | | | | X | | | | | | | X | X |
| | FROMAGE | | | | | | X | | | | | | | | |
| | FRUIT | | | | | | | | | | | | | | |
| | COMPOTE DE POMME SSU | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | |
| **Samedi 27 Avril 2024** | VELOUTE LEGUMES ET TOMATE | | X | | | | X | | | | | | | | |
| | POTAGE SANS SEL | | | | | | | | | | | | | | |
| | ASPERGES BLANCHES | | | | | | | | | | | | | | |
| | RAJOUT SAUCE VINAIGRETTE DOSE | | | | | | X | | | X | | | | | X |
| | TABOULE MEDITERRANEEN (M) | | X | | | X | | | | | | | | | |
| | FEUILLETE AU POISSON | | | X | | X | X | | X | | X | X | | | |
| | PAUPIETTE DE VEAU | | | | | X | X | | | | | | | X | |
| | CASSOULET (M) | | X | | | X | X | | | | | | | | |
| | OSSO BUCCO (HM) | | | | | | X | | | | | | | | X |
| | PANE AU FROMAGE | | | | | X | X | | | | X | | | | |
| | STEAK HACHE | | | | | X | X | | | | X | | | | |
| | EPINARDS A LA BECHAMEL | | | | | X | X | | | | | | | X | |
| | ENDIVES AU JUS | | | | | X | X | | | | | | | | |
| | EPINARDS AU BEURRE | | | | | | X | | | | | | | | |
| | FUSILLIS AU BEURRE | | | | | X | X | | | | X | | | | |
| | LIEGEOIS AU CAFE | | | | | | X | | | | | | | | |
| | VELOUTE NATURE | | | | | | X | | | | | | | | |
| | PETIT BEURRE | | | | | X | X | | | | | | | | |
| | MINI CAKE CACAO SANS SUCRE | | | | | X | | | | | X | | | | |
| | COMPOTE POMME/ANANAS SSU | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | |
| **Dimanche 28 Avril 2024** | VELOUTE DE CHOU-FLEUR | | X | | | | X | | | | | | | | X |
| | HURE | | | | | | | | | | | | | | |
| | POIREAUX VINAIGRETTE (M) RS | | | | | | X | | | X | X | X | | | X |
| | CONCOMBRE | | | | | | | | | | | | | | |
| | RAJOUT SAUCE VINAIGRETTE DOSE | | | | | | X | | | X | | | | | X |
| | SAUTE DE DINDE | | | | | X | X | | | X | | | | | X |
| | PARMENTIER DE LA MER (M) | | | X | | | X | | | | X | X | | | |
| | DINDE A L ESTRAGON (HM) | | | | | | X | | | | | | | | |
| | TARTE AU FROMAGE | | | | | X | X | | | | X | | | | |
| | DINDE BRAISEE | | X | | | X | | | | X | | | | | X |
| | MELANGE DE LEGUMES GRILLES | | | | | | | | | | | | | | |
| | ENDIVES AU JUS | | | | | X | X | | | | | | | | |
| | POMMES DE TERRE VAPEUR | | | | | | X | | | | | | | | |
| | FROMAGE AOP | | | | | | X | | | | | | | | |
| | FROMAGE | | | | | | X | | | | | | | | |
| | CLAFOUTIS AUX CERISES | | | | | X | X | | | | X | | | | |
| | BAVAROIS AUX ABRICOTS | | | | | X | X | | | | X | | | X | |

# LISTE DES ALLERGENES

SEMAINE DU 29 AVRIL AU 05 MAI 2024

| Date | Plat | ARACHIDES | CELERI | CRUSTACES | FRUITS A COQUE | GLUTEN | LAIT | LUPIN | MOLLUSQUES | MOUTARD | OEUFS | POISSONS | SESAME | SOJA | SULFITES |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| **Lundi 29 Avril 2024** | SOUPE DE COURGETTES MAISON | | X | | | | X | | | | | | | | X |
| | RADIS RAPES | | | | | | | | | | | | | | |
| | RAJOUT SAUCE VINAIGRETTE DOSE | | | | | | X | | | X | | | | | X |
| | TABOULE MEDITERRANEEN (M) | | X | | | X | | | | | | | | | |
| | AVOCAT | | | | | | | | | | | | | | |
| | LASAGNES DE BOEUF | | | | | X | X | | | | X | | | | |
| | CANARD AUX LENTILLES (M) | | | | | | X | | | | | | | | |
| | TRANCHE GIGOT D AGNEAU CONFITE AUX 2 POIVRONS | | | | | X | X | | | | | | | | X |
| | LASAGNES DE LEGUMES | | | | X | X | X | | | | X | | | | |
| | CAROTTES BATONNETS AU BEURRE | | | | | | X | | | | | | | | |
| | NOUILLES AU BEURRE | | | | | X | X | | | | | | | | |
| | YAOURT ARTISANAL A LA VANILLE | | | | | | X | | | | | | | | |
| | FROMAGE BLANC NATURE BIO | | | | | | X | | | | | | | | |
| | FRUIT | | | | | | | | | | | | | | |
| | COMPOTE DE POMME/PECHE HVE | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | |
| **Mardi 30 Avril 2024** | VELOUTE DE POTIRON | | | | | | X | | | | | | | | |
| | POTAGE SANS SEL | | | | | | | | | | | | | | |
| | OEUF DUR BIO | | | | | | | | | | X | | | | |
| | RAJOUT SAUCE VINAIGRETTE DOSE | | | | | | X | | | X | | | | | X |
| | DUO PETITS POIS CAROTTES A L ESTRAGON (M) | | | | | | X | | | X | | | | | X |
| | CELERI RAVE | | X | | | | | | | X | | | | | X |
| | GIBELETTE DE PORC A LA DIABLE | | X | | | X | X | | | X | X | | | X | X |
| | TOMATES FARCIES (M) | | | | | | X | | | | | | | | |
| | FILET DE COLIN SAUCE AUX PETITS LEGUMES | | X | X | | X | X | | | | | X | | | |
| | ARAIGNEE DE PORC AU JUS | | | | | X | X | | | | | | | | X |
| | FILET DE COLIN CITRONNE | | | | | | X | | | | | X | | | X |
| | HARICOTS VERTS BIO | | | | | | X | | | | | | | | |
| | RIZ BASMATI | | | | | | X | | | | | | | | |
| | FROMAGE AOP | | | | | | X | | | | | | | | |
| | FROMAGE | | | | | | X | | | | | | | | |
| | FRUIT | | | | | | | | | | | | | | |
| | COMPOTE DE POIRE SSU | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | |
| **Mercredi 1 Mai 2024** | SOUPE DE LEGUMES | | X | | | | X | | | | | | | | |
| | SALADE MIXTE | | | | | | | | | | | | | | |
| | RAJOUT SAUCE VINAIGRETTE DOSE | | | | | | X | | | X | | | | | X |
| | RAJOUT NOIX | | | | X | | | | | | | | | | |
| | SALADE DE LENTILLES / CONCOMBRE A LA CREME BULGARE (M) | | X | | | | X | | | X | X | X | | | X |
| | CELERI REMOULADE | | X | | | | | | | X | X | | | X | X |
| | CUISSE DE POULET | | | | | | | | | | | | | | |
| | DUO POISSON BLANC PETITS LEGUMES (M) | | | | | | X | | | | | X | | | |
| | POULET AU CITRON (HM) | | | | | | X | | | | | | | | |
| | ESCALOPE DE POULET AU JUS | | | | | X | | | | | | | | | X |
| | TARTE AUX POIREAUX | | | | | X | X | | | | X | | | | |
| | GRATIN DAUPHINOIS MAISON | | | | | | X | | | | | | | | |
| | POMMES DE TERRE LAMELLES | | | | | | X | | | | | | | | |
| | SALSIFIS PERSILLES | | | | | | X | | | | | | | | |
| | FROMAGE | | | | | | X | | | | | | | | |
| | COMPOTE DE POMME/FRAMBOISE | | | | | | | | | | | | | | |
| | COMPOTE DE FRAISE SSU | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | |
| **Jeudi 2 Mai 2024** | SOUPE DE LEGUMES - CHAMPIGNONS | | X | | | | X | | | | | | | | X |
| | RILLETTES - CORNICHONS | | | | | | | | | X | | | | | X |
| | SALADE DE CHOU ROUGE (M) | | | | | | | | | X | X | | | | X |
| | BETTERAVES DES | | | | | | | | | | | | | | |
| | RAJOUT SAUCE VINAIGRETTE DOSE | | | | | | X | | | X | | | | | X |
| | DOS D EGLEFIN CITRONNE | | | | | | X | | | | | X | | | X |
| | OEUF FLORENTINE (M) | | | | | | X | | | | X | | | | |
| | BOULES D AGNEAU | | X | | | X | | | | | X | | | X | |
| | CHOUX-FLEURS BIO ET BROCOLIS BIO A LA CREME | | | | | | X | | | | | | | | |
| | COURGETTES AU BEURRE | | | | | | X | | | | | | | | |
| | CHOUX-FLEURS BIO ET BROCOLIS BIO AU BEURRE | | | | | | X | | | | | | | | |
| | PATES PAPILLONS | | | | | X | X | | | | | | | | |
| | FROMAGE BLANC AROMATISE | | | | | | X | | | | | | | | |
| | YAOURT AUX FRUITS 0% | | | | | | X | | | | | | | | |
| | FRUIT | | | | | | | | | | | | | | |
| | COMPOTE DE POMME/BANANE SSU | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | |
| **Vendredi 3 Mai 2024** | VELOUTE D ASPERGES | | | | | X | X | | | | | | | | |
| | POTAGE SANS SEL | | | | | | | | | | | | | | |
| | CAROTTES RAPEES BIO | | | | | | | | | X | | | | | X |
| | CELERI REMOULADE (M) | | X | | | | | | | X | X | | | | X |
| | MACEDOINE DE LEGUMES | | | | | | | | | | | | | | |
| | RAJOUT SAUCE VINAIGRETTE DOSE | | | | | | X | | | X | | | | | X |
| | ESCALOPE DE VEAU SAUCE AUX POIVRES | | | | | X | X | | | | X | | | | |
| | COLIN LIEU NOIR POIREAUX (M) | | X | | | | X | | | | | X | | | |
| | OSSO BUCCO (HM) | | | | | | X | | | | | | | | X |
| | PANE BLE/FROMAGE/EPINARD | | | | | X | X | | | | | | | | |
| | ESCALOPE DE VEAU | | X | | | X | X | | | | | | | | |
| | POMMES DAUPHINES | | | | | X | | | | | X | | | | |
| | PUREE | | | | | | X | | | | | | | X | X |
| | ENDIVES AU JUS CUITES | | | | | X | X | | | | | | | | |
| | FROMAGE | | | | | | X | | | | | | | | |
| | ABRICOTS AU SIROP | | | | | | | | | | | | | | |
| | ABRICOTS AU NATUREL | | | | | | | | | | | | | | |
| | COMPOTE D ABRICOT SSU HVE | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | |
| **Samedi 4 Mai 2024** | VELOUTE DE POIREAUX | | | | | | X | | | | | | | | |
| | POTAGE SANS SEL | | | | | | | | | | | | | | |
| | CREPE AU FROMAGE BIO | | | | | X | X | | | | X | | | | |
| | SALADE ITALIENNE (M) | | | | | X | X | | | | | | | | |
| | CHOU ROUGE RAPE | | | | | | | | | X | | | | | X |
| | CHIPOLATAS | | | | | | | | | | | | | | |
| | DUO POULET CORSE (M) | | | | | | X | | | | | | | | |
| | CAKE AU THON MAISON | | | | | X | X | | | | X | X | | | |
| | GRILLADE DE PORC | | X | | | X | X | | | | | | | | |
| | AIGUILLETTES DE POULET | | | | | X | | | | | | | | | |
| | POELEE RATATOUILLE | | | | | X | | | | | | | | | |
| | COMPOTEE D AUBERGINES | | X | | | | X | | | | | | | | |
| | HARICOTS BLANCS PREPARES | | X | | | | | | | | | | | | |
| | RIZ THAI | | | | | | X | | | | | | | | |
| | YAOURT NATURE SUCRE | | | | | | X | | | | | | | | |
| | YAOURT NATURE | | | | | | X | | | | | | | | |
| | FRUIT | | | | | | | | | | | | | | |
| | COMPOTE DE POMME SSU | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | |
| **Dimanche 5 Mai 2024** | VELOUTE DE LEGUMES | | X | | | | X | | | | | | | | |
| | POTAGE SANS SEL | | | | | | | | | | | | | | |
| | CONCOMBRE | | | | | | | | | | | | | | |
| | RAJOUT SAUCE VINAIGRETTE DOSE | | | | | | X | | | X | | | | | X |
| | POIREAUX VINAIGRETTE (M) RS | | | | | | X | | | X | X | X | | | X |
| | COEURS DE PALMIER | | | | | | | | | | | | | | |
| | JOUE DE BOEUF CONFITE | | | | | X | X | | | | | | | | X |
| | M SAVEUR TARTIFLETTE (M) | | | | | | X | | | | | | | | |
| | BOEUF AUX CAROTTES (HM) | | | | | | X | | | | | | | | X |
| | STEAK HACHE | | | | | X | X | | | | X | | | | |
| | OMELETTE BIO | | | | | | | | | | X | | | | |
| | JOUE DE BOEUF CONFITE SANS LARDONS | | | | | X | X | | | | | | | | X |
| | TAGLIATELLES AU BEURRE | | | | | X | X | | | | X | | | | |
| | CHAMPIGNONS PERSILLES | | | | | | X | | | | | | | | |
| | FROMAGE | | | | | | X | | | | | | | | |
| | GAUFRE BRUXELLOISE NATURE | | | | | X | X | | | | X | | | X | |
| | RAJOUT SUCRE DOSE 5G | | | | | | | | | | | | | | |
| | BAVAROIS AUX FRUITS ROUGES | | | | | X | X | | | | X | | | X | |